

# Drive the 5

- D**istracted free
- R**ested and alert
- I**mpairment free
- V**ehicle maintained
- E**nvironment aware

Learn more at [MyNSightOnline.com/DriveThe5](https://www.nationwide.com/DriveThe5)

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## Navigating mountain roads safely

Recognizing these key safety tips means mountain driving becomes a manageable adventure. Stay safe out there!

### 1 Know the grade of the hill:

- Road grade impacts vehicle performance and safety.
- Look for posted grade signs. For example, 5% grade means for every 100 feet you travel forward, you drop 5 feet in elevation.

### 2 Avoid engine overheat:

- Before your trip, inspect coolant levels, fan blades, and radiator.
- Turn off the A/C to reduce engine load.
- Manually engage the engine fan.
- Pull over if overheating occurs.

### 3 Downhill driving:

- Use the correct gear for the percent downgrade.
- Allow your engine to help control your speed.
- If available, use the engine retarder.
- Be aware of runoff ramps on your route and how to use them.

### 4 Do not ride the brakes:

- Try “snub braking”: briefly apply brakes to reduce speed by 5 mph, then let them cool before reapplying.

### 5 Use hazard lights:

- Activate hazard lights when navigating challenging steep roads.