

Drive the 5

Distracted free

Rested and alert

Impairment free

Vehicle maintained

Environment aware

Learn more at [MyNSightOnline.com/DriveThe5](https://www.MyNSightOnline.com/DriveThe5)

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Dangers of speeding

Staying safe involves understanding why maintaining an appropriate speed matters, even when others are speeding. Always consider traffic, road conditions, and weather when determining your speed.

1 Increased risk:

Crash risk rises with each mile per hour over the speed limit. Speed endangers drivers, passengers, pedestrians, and cyclists.

2 Loss of control:

Speeding reduces vehicle control and vehicles may be more prone to rollovers causing injuries or fatalities.

3 Extended stopping distance:

Speeding increases stopping distance giving drivers less time to react at higher speeds. Remember, heavier vehicles need more space to stop.

4 Severity of crashes:

Higher speeds worsen crash impact which can lead to less effective protective equipment (seat belts and air bags) and more severe injuries.

5 Legal and economic consequences:

Speeding is more than just breaking the law. From fines and license points to potentially losing driving privileges needed for employment and income, the consequences are far-ranging.